

## WHAT CAN YOU DO TO SAVE A LIFE?

- CALL 911 IMMEDIATELY
- Administer Naloxone, if available
- Try to keep the person awake to prevent loss of consciousness
- If the person is unconscious but still breathing, put them in the recovery position
- If the person has very weak or has stopped breathing, a trained person should perform CPR
- Report all observations to the medical personnel once they arrive



## WHAT IS THE GOOD SAMARITAN LAW?

- The Maryland Good Samaritan Law protects people assisting in an emergency overdose situation, as well as the overdose victim from arrest, as well as prosecution, for certain crimes
- The purpose of the law is to encourage any person regardless of age, who experiences or observes a medical emergency caused by the ingestion or use of alcohol or other drugs, to seek medical assistance without fear of arrest or prosecution for:
  - Possession of a controlled dangerous substance
  - Possession or use of drug paraphernalia
  - Providing alcohol to minors

Maryland Department of Health (2017).

# STATES WITH SIMILAR GOOD SAMARITAN LAWS



#### QUICK STATS ABOUT OPIOIDS

- The majority of overdose deaths (more than 6 out of 10) are opioid related
- Roughly 3 in 10 Marylanders have a close family member or friend who is addicted to opioids
- 2,282 drug and alcohol-related intoxication deaths occurred in Maryland in 2017 – 2,009 of those intoxication deaths were opioid-related
- 1 in 4 Teens report having misused prescription medication at least once
- 116 individuals die in the United States every day from overdosing on opioids



#### QUICK FACTS ABOUT OPIOIDS

- Opioids are a class of drugs that include prescription painkillers, heroin, fentanyl and carfentanil
- Naloxone, commonly known as Narcan, is a medication designed to rapidly reverse opioid overdose
- The Start Talking Maryland Act requires all public schools in Maryland to have naloxone available on their campuses and staff who are trained to use it
- As of June 1<sup>st</sup>, 2017, anyone can get Naloxone at a Maryland pharmacy without a prescription

VALOXON

# MOST COMMON PRESCRIPTION OPIOIDS

- Oxycodone (OxyContin, Percocet)
- Hydrocodone (Vicodin)
- Methadone
- Morphine
- Oxymorphone (Opana)
- Codeine



# QUICK TIPS TO KEEP YOU AND YOUR FRIENDS SAFE

- Just Say No...It's YOUR BODY
- DO NOT drink from a cup you didn't pour yourself
- Come up with a safe-word or backup plan with a friend or family member for getting home
- DO NOT allow alcohol or drugs in your vehicle
- DO NOT get into a car with a driver who is under the influence
- Keep an eye out for people who might take advantage of your friends
- If your friend wants to consume more alcohol or drugs, talk with them, help them out of that situation and hide their car keys to prevent them from driving

# SO WHAT WILL YOU DO?

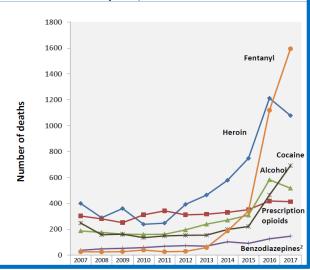
If you see someone exhibiting signs of an overdose, CALL 911

Remember the GOOD SAMARITAN LAW PROTECTS YOU

If you CALL THE POLICE to get help for someone who is overdosing, YOU WILL NOT GET IN TROUBLE



Figure 5. Total Number of Drug- and Alcohol-Related Intoxication Deaths by Selected Substances<sup>1</sup>, Maryland, 2007-2017.



Maryland Department of Health (2018).





Maryland Department of Health health.maryland.gov

**Substance Abuse and Mental Health Services Administration** 

samhsa.gov

Maryland State Crisis Hotline beforeItsTooLateMD.org / 800-422-0009

National Institute on Drug Abuse drugabuse.gov

Office of the State's Attorney for Montgomery County, Maryland montgomerycountymd.gov/sao/speakup

## STRATEGIC PARTNERS

**Bar Association of Montgomery County, Maryland** 

barmont.org/

**Maryland State Bar Association** msba.org

Montgomery County Department of Police montgomerycountymd.gov/pol/